

Lynn City Resources



Clothing Assistance

HAVEN PROJECT

Munroe St Lynn, MA 01901
(781) 913-5738

The Haven Project is a drop-in center for homeless young adults (age 17-24). We offer a variety of services, including job-search assistance, housing and shelter referrals, medical and counseling referrals, skill development, free toiletries, food, clothing, and internet access.

MASSACHUSETTS COALITION FOR THE HOMELESS

73 Buffum St Lynn, MA 01902
(781) 595-7570

The Teen Closet is a place for students to stop by during school hours to receive free of cost clothing and hygiene products. - Partner schools/school districts offering this service are: - Boston Public Schools: Jeremiah E. Burke High School (Dorchester), English High School (Jamaica Plain), Madison Park Technical Vocational High School (Roxbury), and Charlestown High School (Charlestown) - Lynn Public Schools - Salem High School



Counseling / Mediation

Lynn Community Health Center

694 Western Avenue Lynn, MA 01905
781-595-7348

Lynn Community Health Center is a non-profit, multicultural, community health center. Located in the heart of our community, we are at the center of a larger solution to the healthcare crisis that is facing our nation today. We are recognized as a leader in developing new initiatives that result in high-impact, low cost health care.

Services Offered:

Individual Appointments - Individual therapy and/or medication management is offered at all our locations. These individualized face-to-face services are available to all ages, including both children and adults.

Family Counseling - A special family counseling care program is held regularly to help clients express their feelings in a neutral and safe environment. The program engages with clients on an individual, couple, or family-based level to help with communication needs.

Group Therapy - Group therapy brings together individuals with similar diagnoses in supportive groups led by qualified clinicians. Groups are conducted in several languages, including Khmer and Spanish. Topics include anxiety and depression, cancer recovery, anger management, pain and medication management, relapse prevention and recovery, and parenting groups. Lynn Community Health Center also has weekly walking groups.

Medication-Assisted Treatment for Substance Use Disorders - If you are struggling with opiate addiction, Suboxone treatment, as well as other medication-assisted treatments, may assist you through the process of recovery. To participate in our medication-assisted treatment programs, you must be under the care of a Lynn Community Health Center physician.

Fees and Payment:

We accept most forms of public and private health insurance. If you do not have insurance, we have staff who can help you determine if you qualify for assistance, and help you enroll in the program that best fits your needs. You will never be turned away because of inability to pay.

Catholic Charities

117 N Common St Lynn, MA 01902

781-593-2312

Services Offered:

Counseling Services

Family Counseling and Guidance Center

Our Counseling Center, headquartered in Danvers, is a professional, mental health clinic that provides a comprehensive, integrated continuum of quality care for people struggling with a range of life issues.

Staff expertise includes dual diagnosis; substance abuse treatment; anger management and impulse control; relapse prevention; life adjustments; depression and anxiety disorders; family and marital conflicts; parenting issues; child and adolescent counseling; and school conflicts and behavior problems.

Family Intervention Program

The Family Intervention Program aims to provide counseling services in a flexible way in order to accommodate the needs of those youth and families who often have not had much success connecting with more traditional outpatient settings. The program provides office-based services as well as home and school-based visits. Services include individual, child, family, parent/child, and group counseling.

Recovering Connections

A new counseling program offered at the Laboure Center in South Boston, Recovering Connections offers case management and support groups to the children and families of those in addiction/recovery.

Fees & Payments:

We seek to help with a hand up instead of a hand out but realize at times people's needs are too great. So we try our best to serve families and individuals to the best of our ability and within our financial means.

This is a nonprofit organization.

Family & Children's Service

111 North Common Street Lynn, MA 01902

617-409-9749

Services Offered:

Family Alliance - A Family Stabilization Team which consists of licensed clinicians and case managers who work with families that are currently involved with the Department of Children and Families. Family Alliance works with individuals and their families in their homes and communities to stabilize, strengthen, and build relationships with family, peers, school and communities, and to foster a sense of belonging and connection to self, home, school, and community. Our clinician and case manager conduct home visits up to three times a week, to provide the tools for families to stabilize and work towards their goals and treatment plans. Services are provided five days a week. We are also available to families by phone twenty-four hours a day, seven days a week through our emergency hotline. Referrals are made by the Department of Children and Families.

Parent Education Program - Based on The Incredible Years curriculum, the program is designed to promote parents' self-confidence and competence through instruction on positive parent management skills and to teach parents the milestones of healthy child development. Each unit gives parents the information they need and provides opportunity to apply their learning through role play and class discussion. Parents who complete the program report they are better equipped to respond appropriately to their child's behaviors.

F&CS currently offers Parenting Groups in English, Spanish and Khmer: Incredible Years Infant Program (for parents of children age 0 to 3); Incredible Years BASIC Program (for parents of children age 3 to 6). Child care is available during parenting classes upon request.

The Young Parents Program (YPS) - A community-based program funded by the Department of Children and Families (DCF) which serves pregnant and parenting young adults up to age 23 and their children. Using a strength-based model, YPS home visitors work closely with young families to assess needs and offer a wide range of targeted supports intended to promote the healthy development of children, as well as the overall stability, independence and health of young parents. Initially, YPS will be serving up to 30 families in Chelsea and Revere.

Youth and Young Adult Strategies - Family & Children's Service offers several programs to empower youth

and young adults, regardless of their backgrounds, their environment, or their past experiences. The agency focuses on asset-building in middle school girls through our program The Right Moves; engages youth ages 10-16 in activities that build their social skills and excite them about learning through our TEEN SCENE drop-in center, and supports multidisciplinary approaches to combat gang violence through coordinated efforts for prevention and intervention by offering Project Advance for young men and women aged 14-24.

Fees and Payment:

Parenting classes are offered free of charge as a service to the community. (Parent Education Program)

This is a non profit agency.

Eliot Community Human Services

95 Pleasant Street Lynn, MA 01902

781-581-4402

Services Offered:

Eliot's Counseling and Psychiatry Services offer a full spectrum of mental health and substance use recovery services to children, adults, and families

Our Counseling and Psychiatry Services ensure that individuals get help when they need it. We offer individualized treatment and support for each person or family. Finding the right treatment option is the first step to feeling and doing better.

Our multi-disciplinary team of psychiatrists, psychologists, social workers, mental health counselors and other professionals administer a full range of clinical and support services, resulting in a comprehensive collaborative approach to treatment. Services may include individual, couples, family, and group therapy, medication assessment and management, psychological and cognitive testing. Treatment is goal-oriented and often short term, but flexible to meet each person's needs.

Fees and Payment:

We accept MassHealth and most private insurance plans. A sliding fee scale is available for those who do not have insurance.

Bridgewell Counseling Services

66 Silsbee Street Lynn, MA 01901

Services Offered:

Bridgewell provides comprehensive treatment for children and adults challenged with psychiatric and sometimes developmental disabilities. Our services include outpatient treatment, medication management, counseling, education, evaluation and other support aimed at empowering them to live safe, self-directed and productive lives.

The Sovner Center

The Sovner Center is an outpatient mental health clinic located in Danvers that specializes in the provision of psychiatric assessment, medication management and psychotherapy services to adults with a dual diagnosis of developmental and psychiatric disability.

The Sovner Center seeks to improve the quality of life for people with disabilities through consultation, collaboration and coordination of care. Our experienced team of clinical nurse specialists, psychiatrist, and psychotherapists provides services in a manner that ensures that individuals and their families, other care providers and advocates are active collaborators in the process of growth and change.

START (Systemic, Therapeutic, Assessment, Respite and Treatment) Clinical Support Services

START (Systemic, Therapeutic, Assessment, Respite and Treatment) Clinical Support Services provides short-term community-based crisis prevention, intervention and behavior support planning for individuals who are dually diagnosed with developmental and psychiatric disabilities

Bridgewell Counseling Services

With three clinics located in Chelmsford, Lowell and Lynn, Bridgewell Counseling Services (BCS) provides comprehensive behavioral health treatment in a setting that respects individual strengths and differences. Additionally, BCS specializes in providing a continuity of care to individuals with psychiatric and developmental disabilities. BCS in Chelmsford also provides services to children and families.

We consider it a part of our mission to engage individuals who have struggled with continued treatment due to the severity of their illness. Our standard outpatient services include medication assessment and management, diagnosis and treatment, and individual, couples, family, and group psychotherapies.

Lowell Adult Day Treatment (LADT)

Lowell Adult Day Treatment (LADT) provides five-day per week intensive treatment for adults with persistent mental illness. Using a group therapy model, LADT supports individuals by providing crisis assessment and intervention, case management support with symptom management, skills training, socialization, and ultimately improved quality of life.

Employee Assistance Program

Employees are an employer's greatest asset and the key to its success. We are committed to helping employers maintain a work environment that encourages employees to maximize their career potential. This service is designed to assist company personnel and their families in finding solutions to personal or work-related problems.

Fees & Payments:

The Sovner Center accepts Medicaid, Medicare and most third-party insurance providers.

START Clinical Support Services is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and is funded by and accessed through the Department of Developmental Services (DDS).

LADT accepts Medicaid and Medicare insurance plans.

This is a nonprofit organization.



Recovery Services

Oxford Intensive OP Recovery Program

173 Oxford Street Lynn, MA - 01901
(781) 268-2200

Oxford Intensive OP Recovery Program provides substance abuse treatment services for adult men and women in an outpatient setting. These services include but are not limited to behavioral therapy, individual and group counseling, trauma related counseling, family and marital counseling, case management, motivational interviewing, anger management and relapse prevention. Payment forms accepted for these services include cash or self payment, medicaid, medicare, state financed health insurance plan other than medicaid and private health insurance. Please contact Oxford Intensive OP Recovery Program for more information on their fees and services.

Project COPE Inc

66 Johnson Street Lynn, MA - 01902
(781) 584-8490

Bridgewell provides a variety of behavioral health services including outpatient psychotherapy and medication management for individuals with psychiatric and developmental disabilities. Through self-referrals and referrals from therapists, primary care physicians and other health care providers, Bridgewell provides comprehensive treatment and continuity of care that respects the strengths and differences of all individuals served.



Dental Care

Lynn Comm Health Center

269 Union Street Lynn, MA – 01901
(781) 581-3900

| | |
|-----------|-------------------|
| Monday | 8:00 AM - 8:00 PM |
| Tuesday | 8:00 AM - 8:00 PM |
| Wednesday | 8:00 AM - 5:00 PM |
| Thursday | 8:00 AM - 8:00 PM |
| Friday | 8:00 AM - 5:00 PM |
| Saturday | 8:00 AM - 2:00 PM |
| Sunday | |

Services include:

Emergency

Preventative

Restorative (includes fillings, root canals, treatment of gum disease, crowns, and bridges)

Minor Oral Surgery/Extractions

Pediatric Dentistry

Insurance Information:

Massachusetts residents 18 and over are now required to have health insurance. Their enrollment staff can help explain the choices that may be available to you, and assist you with the Enrollment process.



Domestic Violence/Assault

Lynn Police Department

Domestic Violence Unit
300 Washington Street Lynn, MA 01902
781-595-2000

Some facts about domestic violence

- A woman is battered in the United States every 15 seconds. Domestic violence can strike any household.
- One third of the homicides in this country are domestic violence related. Domestic violence can be fatal.
- National statistics indicate that as many as 50% of all women in America experience violence in their

intimate relationships. Domestic violence is a fact.

- Besides beatings, battering can involve threats of violence, verbal abuse and/or sexual assault. Domestic violence is not something anyone enjoys, asks for, or deserves.
- Victims of domestic violence often feel isolated, powerless, fearful, guilty, and dependent financially and/or physically. Domestic violence can leave victims feeling trapped and unable to help themselves.
- Children who learn violence at home are at risk of continuing the violence in their own relationships as adults, either as batterers or as victims. Domestic violence can have long-term effects on children.
- Spousal abuse in Massachusetts is a crime and the batterer can be sent to prison. Domestic violence is intolerable and must stop.

Greater Lynn Senior Services, Inc.

8 Silsbee Street, Lynn, MA 01901
(781) 599-0110

If you have experienced abuse by a family member, intimate partner, or spouse, you are not alone. This program provides help to men and women age 50 and older living in communities throughout the North Shore and Cape Ann who are victims of domestic violence.

We offer:

- Support, education, and advocacy
- One-on-one confidential counseling
- Group and family counseling
- Legal assistance, both to protect you and to make sure your interests and assets are protected
- Links to many other services from GLSS and its partner agencies, to help you live safely and independently within the community
- Safe, short-term emergency shelter.

Other things we do include:

- Providing in-home support services
- Arranging translation services if a victim is uncomfortable speaking English
- Providing outreach into the community to help prevent or end domestic violence among older adults and particularly women
- Providing education for health professionals, the police, and counselors to help them identify older victims of abuse and provide referrals.

This unique, award-winning program is a joint effort between GLSS and Northeast Legal Aid and partially funded by VOCA (Victims of Crime Act).

All services are free and confidential.



Financial Assistance

CATHOLIC CHARITIES

117 N Common St Lynn, MA 01902
(781) 593-2312

Provides direct service through an array of programs and services to individuals and families in Middlesex, Essex and Suffolk counties. Service includes food pantries, general legal aid, immigration/naturalization legal services, English as a second language, teen parent/pregnant teen education programs, pregnancy counseling, GED, child care, language interpretation, counseling, parenting/family support groups and day camps. Also provides holiday gifts and toys as funding/donations are available.

SALVATION ARMY

1 Franklin St Lynn, MA 01902
(781) 598-0673

Provides services that include food pantries, rent payment assistance, electric bill payment assistance, and gas bill payment assistance. Food pantry Monday, Wednesday and Friday 9:00AM to 11:30AM. Walk-ins welcomed. Christmas Gifts/Toys for children 0-12 yrs old Daily bread Table



Food Pantries

St. Stephen's Food Pantry

74 South Common Street Lynn, MA 01902
781-599-4220

Provides a pantry every Friday except first Friday of month

3:00 to 4:00 p.m.

Proof of Lynn address.

Photo ID for adults.

Birth certificate or health card for children.

Salvation Army Pantry

1 Franklin St Lynn, MA 01902
781-593-8049

Provides a pantry weekly

Mondays, Wednesdays, Fridays

9:00 to 11:30 a.m.

Residents of Lynn, Lynnfield, Nahant, Saugus, and Swampscott.

Photo ID and proof of residency required.

Clients welcome to visit once every 30 days.

Also: Weekly (Grocery Store Surplus Food Distribution)

Tuesdays and Thursdays 12:00 p.m.

All welcome.

Washington Street Baptist Church Pantry

256 Washington Street Lynn, MA 01902
781-595-2550

Monthly food pantry.

Last Saturday, 10:00 to 11:30 a.m.

Intake and ID required.

East Coast International Church Pantry

65 Munroe Street Lynn, MA 01901
781-818-4153

Provides a food pantry. We operate generally on the last Friday of the monthly. 1:30pm to 3pm.

Call and check our voice mail to confirm.

We do not require any proof of ID or documentation every one is welcome and can visit every week.

The pantry is open Generally last Friday of each month from 1:30 – 3:00 p.m. Meals, groceries, and food boxes offered for people facing a crisis.

My Brother'S Table, Inc.

98 Willow St Lynn, MA 01901

(781) 595-3224

We Serve Free Meals To Our Friends and Neighbors;

Monday Through Friday 11:45 - 12:30 PM and 5:30 - 7:15 PM

We Also Serve On Saturday and Sunday 2:30 - 4:15 PM

Everyone Is Welcome!

Greater Lynn Senior Services

8 Silsbee Street Lynn, MA 01901

781-586-8687

Monthly Pantry. Third Friday of the month 9:30 a.m. – 12:30 p.m. 60 and older. Must pre-register and meet income guidelines.

The center helps seniors and the homebound. Registration is required. Programs range from Meals on Wheels to congregate lunches, recreation activities, and specialty foods as well.

St. Vincent de Paul Society at St. Joseph's Parish Food Pantry

40 Green St.Lynn, MA 01902

781-593-8049

Provides a food pantry every other week

Wednesdays, 6:00 – 7:00 p.m.

Must live in St. Joseph's parish area.

ID required.

Proof of family size, income, and address.

Use back door off rectory driveway.

Phone messages monitored daily.

Iglesia Critiana Torrente Food Pantry

56 Franklin Street Lynn, MA - 01902

(781) 593-9931

Provides a food pantry. For more information, please call.

County or Counties Served: Essex

Good Hope Food Pantry

47 Grove Street, Lynnfield, MA

Thursday: 11:00 AM (until either 12:00 noon or 1:00 PM)

Sunday: 10:00 AM – 10:30 AM

Sunday: 12:00 noon – 12:30 PM

St. Stephen's Episcopal Church

74 South Common Street, Lynn, MA 01902

(large red brick church – you may need to go to the parking lot around back)

Fridays from 3:00 – 4:00 pm pick up free groceries.

Must be a Lynn Resident. Try to bring an ID showing you live in Lynn. If you have children, if possible bring some documents (like birth certificates or school papers).

Salvation Army

1 Franklin Street, Lynn, MA 01902

Mon–Fri 9-11 am, you may only attend ONCE every 30 days. Prepared box pick up. Be ready to provide your name, date of birth and number of people in your household.



Free Meals

My Brother's Table

98 Willow Street, Lynn, MA 01901

(781) 595-3224

My Brother's Table has run a free dinner shuttle delivering food to an average of 25 critically ill individu-

als and families each week for over 18 years. Each week, 7 frozen prepared dinners and a week's worth of easy to prepare or heat-and-eat meals and other staples are delivered to Lynn residents who are homebound. These people have been referred by medical providers because they are too ill to come to My Brother's Table, do not qualify for other nutrition programs, and are too young for Meal on Wheels.

My Brother's Table provides prepared meals and heat-and-eat meals for the patients in the Lynn Recuperative Care Center. Guests can stay at the Center while preparing for surgery or recuperating from illness or injury.

Salvation Army

One Franklin Street, Lynn, Massachusetts, 01903,
(781) 598-0673

The offices are below. Most have food pantries, clothing closets, and run programs that can also provide Thanksgiving and Christmas meals and gifts. Very limited funding may be offered for bills like heating, medication, and maybe even expenses such as car repairs. Speak to a counselor for case management and advice on how to get back on track too.

Greater Lynn Senior Services

8 Silsbee Street Lynn, MA 01901
781-586-8687

The center helps seniors and the homebound. Registration is required. Programs range from Meals on Wheels to congregate lunches, recreation activities, and specialty foods as well.

East Coast International Church

Address is 65 Munroe Street Lynn, MA 01901

Dial 781-818-4153

The pantry is open Generally last Friday of each month from 1:30 – 3:00 p.m. Meals, groceries, and food boxes offered for people facing a crisis.



Legal services

Massachusetts Debt Relief Foundation

Phone: (508) 232-4633

With our team of specialists, we provide one-on-one in depth analysis of our clients' income, assets, debt, as well as short-term and long-term goals to advise the best route to financial stability. If appropriate, we then provide complete legal representation in chapter 7 bankruptcy to discharge debt, and then based on the client's individual needs, work with them to ensure they possess the tools to take advantage of their fresh financial start, including developing a budget and rebuilding credit. MDRF's clients are Massachusetts residents who do not own real estate whose income is at or below 150% of the HHS poverty Guidelines. We also have expanded our guidelines in 2015 to accept Veterans and Service members at or below up to 200% of the HHS Poverty Guidelines.

Northeast Legal Aid

181 Union Street, #201A Lynn , MA 01901

978-458-1465

Northeast Legal Aid (NLA) provides free civil legal services to low income and elderly residents of Essex County and Northern Middlesex County, Massachusetts. It provides these services together with its subsidiary, Northeast Justice Center (NJC).

Call between 9:00 a.m and 1:00 p.m. Monday through Friday, apply online at any time.

Greater Lynn Senior Services

8 Silsbee Street Lynn, MA 01901

800-594-5164

Every year, GLSS advocates for and protects elders within the community who need our help. GLSS is deeply committed to protecting the safety and dignity of elders.

Legal Services Provided

Domestic Violence

Elder Law

Family Law

Health Care Law

Public Benefits

Real Estate Law

Children's Law Center Of Massachusetts

298 Union St Lynn, MA 01901
(781) 581-1977

Only represent children.

Founded in 1977, The Children's Law Center Of Massachusetts is a private, non-profit, legal advocacy and resource center providing direct representation to low income children in Eastern Massachusetts, and technical assistance and training to lay and professional communities throughout New England on issues affecting children's education, civil rights, custody, health and welfare.

Legal Services Provided

Divorce

Education Law

Family Law

Health Care Law

Juvenile Law

Public Benefits



Greater Lynn Senior Services

8 Silsbee Street, Lynn, MA 01901
(781) 599-0110

LGBTQIA Task Force and Events

GLSS has created an outreach program called the LGBTQIA Task Force which provides programming specifically tailored toward LGBTQIA-friendly activities and environments. The organization meets Bi-Monthly and arranges for a variety of events, which include movie nights, game nights, discussions on LGBTQIA issues, coffee meetups, and other community outings. If you are interested in our LGBTQIA programming, please contact GLSS' LGBTQIA Liaison Taylor Lamberta at tlamberta@glss.net .

Lynn Community Health Center

269 Union Street 01901 Lynn , MA

781-581-3900

Lynn Community Health Center is committed to providing high quality, comprehensive, and culturally competent care to the lesbian, gay, bisexual, transgender, questioning/queer, and other (LGBTQ+) population of the North Shore. We are dedicated to meeting the needs of our LGBTQ+ patients with respect and compassion and to improve access to care and health equity. To advance the quality of care that we provide, we are committed to ongoing training of staff and professional education for providers.



Health Care

Market Square Family Health Services

694 Western Ave. Lynn, MA – 01905 (781) 595-7348

Monday 8:30 AM 5:00 PM

Tuesday 8:30 AM 5:00 PM

Wednesday 8:30 AM 5:00 PM

Thursday 10:00 AM 5:00 PM

Friday 8:30 AM 5:00 PM

Primary Care at Lynn Community Health Center includes several categories:

Family Medicine providers care for individuals at all stages of life, from birth through adulthood.

internal Medicine providers specialize in the care and treatment of adults.

Pediatrics providers specialize in the care of infants, children, and adolescents.

Women's Health providers provide routine screening and testing in addition to ob/gyn care when necessary.

Geriatric Care includes comprehensive care programs for seniors.

School-Based Health Centers provide on-site primary and behavioral health care for students at school.

They will not turn anyone away, regardless of insurance status or ability to pay. You may be eligible for one of many public insurance programs in the state of Massachusetts. They can help you enroll in a program that best suits your needs.

Lynn Community Health Center

298 Union St. Lynn, MA – 01901

(781) 593-4805

Low Cost Pharmacy Services

Hours:

Monday 8:30 AM 8:00 PM

Tuesday 8:30 AM 8:00 PM

Wednesday 8:30 AM 8:00 PM

Thursday 8:30 AM 8:00 PM

Friday 8:30 AM 7:30 PM

Saturday 8:30 AM 5:00 PM

Sunday Closed

Accepts: Uninsured, Underinsured, Insurance, Medicare, Medicaid

Income: All income levels accepted

Fees: Sliding scale of fees based on income

Languages Spoken: English, Spanish

Elder Services Plan Of North Shore

20 School St. Lynn, MA – 01902

(781) 581-7565

We are our part of Lynn Community Health Center.

We offer affordable health services to the elderly

My Brothers Table In House Clinic

98 Willow St Lynn MA 01901

781-595-3224

Accepts: Uninsured Only

Income: Low Income

Fees: Free/No fee

Languages Spoken: English

Services include: Primary Care, Medical, HIV/AIDS Testing, Immunizations, Health Education/Nutrition

Hours: Call for hours

Service Area: Lynn Area

WIC - North Shore

20 Central Ave 2nd Floor Lynn MA 01901

781-599-7290

Accepts: No Insurance Guidelines

Income: Based on Federal Poverty Level - Call for income guidelines

Fees: No fee

Languages Spoken: English

Services include: WIC, Health Education/Nutrition

Hours: Monday - Saturday

Service Area: North Shore Area



Lynn Community Health Center

269 Union St Lynn, Massachusetts 01901

(781) 581-3900 (Main)

Monday, 8:00am To 8:00pm

Tuesday, 8:00am To 8:00pm

Wednesday, 8:00am To 8:00pm

Thursday, 8:00am To 8:00pm

Friday, 8:00am To 5:00pm

Saturday, 8:30am To 3:00pm

Hours vary by department please call for more info. Walk-in HIV/STD testing Mon.-Fri., 8:30am-4:30pm.

Programs:

HIV/AIDS Services

Fee Information:

- Fee, Free HIV Testing, Insurance Accepted, Medicaid Accepted, Medicare Accepted, PrEP for uninsured, Sliding Scale

Eligibility:

Open to the general public. Lynn Community Health Center offers HIV/AIDS services at the main LCHC site (269 Union). It does outreach on the community but do not have HIV/STD offices at the other sites. Counseling and testing available six days a week. Please call for information. Free condoms.

AIDS Action

583 Chestnut Street, Suite 6, Lynn, MA 01904
857.313.6785

Monday, Tuesday, Wednesday, Friday: 9:00 am -5:00 pm

At AIDS Action, we take a comprehensive approach to HIV prevention and care, and it works. Since 2000, we've helped reduce new HIV diagnoses in Massachusetts by 41%, saving the state more than \$1.8 billion in HIV-related healthcare costs.

Our programs are designed for those most vulnerable to HIV/AIDS. We empower our clients to live better lives by engaging with them to create practical, workable strategies to reduce their risk of HIV infection. We also assist clients with getting tested for HIV and obtaining medical care, housing, and access to benefits offered by state and federal agencies.

We go beyond the basics of providing safer sex kits and HIV meds, and work face to face with the people most affected by HIV. We understand their complex needs and how these needs impact their health.

If you're trapped in an abusive relationship, it can be hard to insist on using condoms.

If you're looking for a place to sleep, it can be hard to keep track of your meds.

If depression or addiction take charge of your life, it can be hard to focus on your health.

These experiences are all too common for the thousands of people we work with, most of whom have incomes of less than \$10,000 a year. That's why we provide comprehensive support services to help HIV-negative people stay negative and to keep HIV-positive people in good health. As a result, our clients are more likely to know their HIV status, connect with the health care system, and keep themselves and their families safer from HIV infection.



Renters Services

Catholic Charities North

117 N Common St Lynn, MA 01901
(781) 593-2312

With 10 sites throughout Greater Boston, we are able to provide a wide range of support, including food pantries, rent and mortgage assistance, utility assistance, baby supplies, clothing and other necessities, and seasonal and holiday assistance for families who cannot afford a warm meal at Thanksgiving. Some gifts are given to current clients for their children at Christmas.

SALVATION ARMY

1 Franklin St Lynn, MA 01902
(781) 598-0673

Provides services that include food pantries, rent payment assistance, electric bill payment assistance, and gas bill payment assistance. Food pantry Monday, Wednesday and Friday 9:00AM to 11:30AM. Walk-ins welcomed. Christmas Gifts/Toys for children 0-12yrs old Daily bread Table



Shelters

Bridgehouse

24 Baker Street Lynn, MA 01902
781 593 3898

BridgeHouse derived its name from the new housing concept at that time, 'bridge housing,' which is an alternative temporary housing arrangement that seeks to bridge the gap between homelessness and independent residency. The mission of the house is to provide a continuum of strong support services for each family to establish self-sufficient lifestyles, and restore self-esteem and dignity to the head of the household and children. Today at BridgeHouse 11 families participate in a comprehensive service plan that includes benefits assistance, workshops and classes that target the development of tenancy skills and other life skills, such as parenting, budgeting, menu planning, health care services, mental health services, substance abuse treatment or prevention programs, domestic violence prevention services and referrals to any other programs necessary to assist our families.

Hours of operation (or meeting times & dates):

24 hours a day

Lynn Shelter Association - Adult Emergency Shelter

91 Liberty Street Lynn, MA 01901

781 581 6600

Providing emergency shelter to individuals and families, transitional and permanent supportive housing and street outreach

Adult Emergency Shelter

Open 365 days a year, our emergency shelter serves up to 44 men and women over age 18, providing on-site case management, mental health and medical triage, access to basic necessities and a starting point on the path to permanent housing.

Mass. Coalition for the Homeless

73 Buffum St Lynn, MA 01902

(781) 595-7570

Description: Programs

HomeLink

The HomeLink Initiative is designed to work with community health centers, public school districts and early intervention workers to help identify households that are having a housing crisis and then offer quick assistance to ensure that they remain stably housed.

A Bed for Every Child Initiative

A good night's sleep has a major effect on a child's ability to come to school prepared to learn; falling behind due to a lack of sleep can have negative long term consequences on a student's education and future. A proven pathway out of homelessness is to ensure children of low-income families receive an education that will allow them to graduate from high school. To do this, we have to give these children the tools they need to succeed. One of these tools is a bed.

Room to Breathe

The Room to Breathe Initiative was launched by the Coalition in 2013 to assist low-income families and individuals who are living with chronic respiratory diagnoses to improve their home environment to lessen environmental triggers with a goal of improving their quality of life.

Furniture Bank

Since its inception in 1985 as one of the first furniture banks in the nation, the Massachusetts Coalition for the Homeless has assisted in furnishing the future of thousands of households who are transitioning out of homelessness into permanent housing. The approach is simple - take other people's castaway furniture and household goods and give them new life in the home of someone in need.

Teen Closet

Today 1 in 7 children growing up in Massachusetts is growing up in poverty. A teenager growing up in

poverty often has to live without the most basic items - like clothing.

HAVEN PROJECT

57 Munroe St Lynn, MA 01901
(781) 913-5738

The Haven Project is a drop-in center for homeless young adults (age 17-24). We offer a variety of services, including job-search assistance, housing and shelter referrals, medical and counseling referrals, skill development, free toiletries, food, clothing, and internet access.



Transitional Housing

Habitat P L U S Inc

516-520 Essex St Lynn, MA – 01902
833-687-8387

To provide supportive sober housing to psychiatrically disabled Veterans, who would otherwise be homeless, and to provide program participants with information and advocacy to access existing service programs. The goal for program participants is to maintain stable housing.

Type: non profit

Oxford House Lynn

181 North Common Street Lynn, MA - 01905
781-596-9666

Oxford House Lynn is a self-run, self-supported recovery house for recovering alcoholics and drug addicts. Oxford House Lynn is an all men sober house. Oxford Houses are a concept in recovery from drug and alcohol addiction. A representative of every House in the area meets with the others on a monthly basis, to share information, to seek resolution of problems in a particular House, and to express that Chapter's vote on larger issues. Residents pay rent, utility and other household expenses of Oxford House Lynn. There are 7 beds in this self-supporting and drug free home. Oxford House Lynn is part of a publicly supported, non-profit 501(c)3 corporation umbrella organization which provides the network of all Oxford Houses and allocates resources to duplicate the Oxford House concept where needs arise.

Catholic Charities North – Amity House

28 Amity Street, Lynn, MA 01902

(781) 599-9566

Services: Transitional housing program for 8 homeless mothers up to age 22 and their children (1 to 2 children) able to live in their own apartment

Ages Served: 18 to 22

Languages Served: English, Espanol

Eligibility restrictions: Homeless, young mothers with 1 to 2 children; maximum stay 2 years

Fees: None

Hours of operation: 24 hour service

Other Information: Must have a CCN Caseworker, be eligible for housing subsidy, be able to work or attend a job training/education program

Lynn Economic Opportunity – Housing

156 Broad Street, Lynn, MA 01901

(781) 581-7220, ext 231

Services: LEO develops safe, clean, affordable housing projects in Lynn and offer affordable rent apartments to qualified renters, home buyer counseling, tenant eviction counseling, and housing search assistance

Lynn Housing Authority – Housing Services

298 Union Street, Lynn, MA 01901 (Admissions office)

(781) 581-6015

Services: Provide assistance to eligible applicants. For applications, eligibility requirements or detailed information regarding a specific housing program, contact the LHAND admissions office

Hours of operation: Mondays, Wednesdays, and Thursdays, 8:00am - 4:00pm, Tuesdays, 8:00am - 7:00pm, Fridays 8:00am - 12:30pm

Lynn Housing Authority – Supportive Housing Caggiano Plaza

170 South Common Street, Lynn, MA 01902

(781) 581-8734

Services: This program is designed to help residents live safely and independently in their own apartments and is a cooperative effort of Greater Lynn Senior Services, Lynn Housing Authority and Neighborhood Development, All Care Resources, and the residents of Caggiano Plaza. A supportive aide from All Care VNA available 24 hours a day for emergency assistance, a daily meal served in the dining room,

medication reminders, and social activities

Ages Served: 60+ years

Eligibility restrictions: Must be either elderly, over 60 years of age, or disabled

Hours of operation: Monday, Wednesday, Thursday, 8:00am - 4:00pm; Tuesdays, 8:00am - 7:00pm; Fridays, 8:00am - 12:30pm

Lynn Housing Authority – Wall Plaza Resident Services

95 Tremont Street, Lynn, MA 01902

(781) 581-8630

Services: Various free activities are offered for residents including trips to museums, cinemas, and dinner shows. Wall Plaza provides health programs including guest speakers, an RN who provides foot care every other month, and a wellness clinic available once a month.

Ages Served: 62+ years

Eligibility restrictions: Must be either elderly, over 62 years of age, or disabled

Hours of operation: Resident coordinator is available Mondays, Wednesdays, and Thursdays from 8:00am - 4:00pm, Tuesdays 8:00am - 7:00pm, and Saturdays 8:00am - 12:30pm



Utility Assistance

Catholic Charities North – Emergency Assistance

55 Lynn Shore Drive, Lynn, MA 01902

(781) 593-2312

Services: Help with food, utilities (including heat and shelter), information and referral, financial literacy, specialized housing, counseling, advocacy for families at risk of becoming homeless

Ages Served: All ages

Languages Served: English, Espanol, Khmer

Eligibility restrictions: Limits on how often someone can receive financial help

Fees: None

Lynn Economic Opportunity – Fuel Assistance Program

156 Broad Street, Lynn, MA 01901

(781) 581-7220, ext 283

Services: Fuel payments for homeowners and renters alike in meeting the high cost of home heating

Eligibility restrictions: Services households up to 200% of poverty guidelines

Lynn Economic Opportunity – Weatherization Assistance

156 Broad Street, Lynn, MA 01901

(781) 581-7220, ext 254

Services: Provide energy conservation services to help eligible homeowners and renters.

Fees: Free or low cost for low income families

Salvation Army

1 Franklin Street, Lynn, MA 01902

(781) 598-0673

Contact: Captain David and Marica Payton

Services: The Salvation Army is a church offering many religious services as well as social services

Ages Served: All ages

Languages Served: English, Russian, on occasion Spanish

Eligibility restrictions: Social services as a way of financial assistance require different standards or eligibility; call for information

Fees: None

Hours of operation: Office hours, Monday to Friday, 9:00am - 5:00pm; Church, Sundays 10:00am - 2:00pm

Other Information: Anyone looking for services is welcome to stop by during office hours and we will help within our means. If unable to help, we will refer the individual to someone who can assist.



Veterans Services

Department of Veterans Services

(781) 586-6911

Veteran's Services:

The Veteran's office continues to provide the following:

- Financial assistance to veterans and their families, known as Ch 115
- Assistance with VA Claims
- Assistance navigating VA Health Care

Lynn VA Clinic

225 Boston Street Suite 107 Lynn, MA 01904-3123

781-595-9818

The Lynn CBOC is designed to establish a community access point for veterans in the Lynn, MA area to meet the VAMC Bedford goals of:

Eliminate long distance travel to access care.

Reduce the need for the elderly and disabled veterans to travel in congested urban areas and inclement weather.

Reduce operating costs by shifting resources from inpatient to outpatient.

Utilize the CBOC for pre-admission screening and discharge planning.

Reduce access time by establishing a Primary Care access point.

Expand the continuum of clinical services so that patient care can be provided in the most cost-effective setting that is clinically appropriate.

Reduce beneficiary travel dollars.

Services Provided

Primary Care

Mental Health Services by scheduled appointment (Thursdays and some Wednesdays and Fridays)

Lab Blood Drawing



Youth Services

Boys and Girls Club of Greater Lynn

25 North Common Street, Lynn, MA 01902
(781) 593-1772

Services: Part of a nationwide affiliation of local organizations offering daily access to a broad range of programs addressing education and career development, character and leadership development, health and life skills, the arts, and sports, fitness and recreation

Ages Served: 6 to 18 years

Languages Served: All

Fees: \$10.00 per school year

Hours of operation: Monday to Friday, 2:00pm - 9:00pm

Other Information: During the summer months, the club operates a day camp in Middleton

CAB Health and Recovery Services – Youth Outpatient Substance Abuse

280 Union Street, Lynn, MA 01901
1-800-334-5512

Services: Afterschool program for teens (boys and girls) based on prevention curriculum. The program includes family involvement and is a structured, dynamic program for substance abusing teens

Ages Served: 13+

Languages Served: English, Espanol

Eligibility restrictions: Participants must first undergo an intake process

Fees: All insurances accepted, including Medicaid and Medicare

Hours of operation: Call for days of the week

East Coast International Church – All-City Youth

113 Chestnut Street, Lynn, MA 01902
(781) 592-3242

Services: All-City Youth is a place for teenagers to come and hang out. It is a place to feel safe and learn about God

Ages Served: 12 to 18

Languages Served: English

Eligibility restrictions: None

Fees: None

Hours of operation: Friday nights, 7:00 - 9:00pm

First Assembly of God – Hi Def

10 Baltimore Street, Lynn, MA 01904

(781) 599-6045

Services: Includes teaching, worship, and interaction designed to challenge youth in the way to live their lives and the choices they make

Ages Served: Grades 6 to 12

Languages Served: English

Fees: None

Hours of operation: Wednesdays 6:30 - 8:30pm

Other Information: Program also includes various events on weekends

Girls Incorporated – Teen Programs

112 Market Street, 2nd Floor, Lynn, MA 01902

(781) 592-9744, ext 214

Services: Various programs to support academics, including tutoring, MCAS and SAT preparation, preparation for college, explore and prepare for careers, provide community service and leadership opportunities, and enrichment activities

Ages Served: 14 to 18

Languages Served: English

Eligibility restrictions: Girls only

Fees: None

Hours of operation: Schools year, Monday to Thursday, 3:00 - 8:00pm; summer and Fridays vary

